| WEEK ONE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Wholemeal Cheese \& Tomato Pizza served with Wholemeal Garlic Bread | All Day Breakfast, Pork Sausage served with Baked Omelette, Country Diced Potatoes \& Baked Beans or Sweetcorn | Chicken Pie <br> \& Mashed <br> Potatoes | Creamy Korma Style Chicken \& Lentil Curry served with Mixed Rice | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal | Creamy Vegetable Penne Pasta Carbonara | All Day Veggie Sausage Breakfast Served with Country Diced Potatoes \& Baked Beans or Sweetcorn | Vegemince \& Vegetable Pie (Ve) served with Mashed Potato | Sweet Potato, Spinach \& Chick Pea Korma (Ve) Served with Mixed Rice | Cheese Quiche Served with Chips \& Tomato Ketchup |
| Jacket Potato or Filled Sandwiches | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna |
| Vegetable Selection | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad |
| Dessert | Marble Sponge \& Custard | Chocolate Shortbread Biscuits (Ve) \& Fruit Slices | Iced Banana Traybake | Oat \& Raisin Cookie (Ve) \& Fresh Watermelon Slice | Chocolate Ice Cream |

Our desserts meet Public Health England's target for 'free sugar'
Portion(s)
of fruit or veg

| Source of |
| :---: | :---: | :---: |
| wholegrain |

$\left.\begin{array}{l|l}50 \% \\ \text { fruit }\end{array}\right)$
.
proteins intake for your child.
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'ifee sugar' intake.

Spring Summer 24 - Week Two * 22 Apr, 13 May, 3 June, 24 June,

| WEEK TWO | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Macaroni Cheese | Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad | Roast Gammon served with Skin on Roast Potatoes \& Gravy | Beef Bolognese \& Penne Pasta | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal | Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice | Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad | Home Baked Vegetarian Lasagne | Wholemeal Cheese \& Tomato Pizza served with Garlic Bread | Cheese \& Onion Puff Pastry Roll Served with Chips \& Tomato Ketchup |
| Jacket Potato or Filled Sandwiches | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna | Jacket potato with cheese, beans, cheese \& beans or tuna <br> Sandwiches with ham, cheese or tuna |
| Vegetable Selection | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Ginger \& Mandarin Traybake | Strawberry Jelly (Ve) | Freshly Baked Chocolate Cookie <br> (Ve) | Flapjack Finger With a fresh slice of Watermelon (Ve) | Homemade Shortbread Biscuits (Ve) |



