COVID-19 absence - a quick guide for parents/carers



earning community		
What to do if	Action needed	Back to school
my child has COVID-19 symptoms	 Child should not attend school Contact school immediately to advise us of a possible case Child should get a test Whole household self-isolates while waiting for the test result Inform school of test result 	when your child's test comes back negative and they are symptom free for 48 hours.
my child tests positive for COVID-19	 Child should not attend school Child self-isolates for at least 10 days from when the symptoms started (or from the day of test if no symptoms) Contact school immediately about test results Whole household self-isolates for 14 days from day when symptoms started (or from the day of test if no symptoms) 	when your child feels better, and has been without a fever for at least 48 hours. They can return to school after the 10-day isolation period even if they still have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection has gone.
somebody in my household has COVID-19 symptoms	 Child should not attend school Contact school immediately to advise us of a possible case Household member with symptoms should get a test Whole household self-isolates while waiting for the test result Inform school of test result 	when the member of the household tests negative, and your child does not have COVID- 19 symptoms
somebody in my household has tested positive for COVID-19	 Child should not attend school Whole household self-isolates for 14 days from day when symptoms started (or from the day of test if no symptoms) 	when your child has completed 14 days of self-isolation, even if they test negative during the 14 days
NHS Test and Trace has identified my child as a 'close contact' of somebody with a confirmed case of COVID-19	 Child should not attend school Child self-isolates for 14 days (as advised by NHS Test and Trace) Contact school immediately to advise us of a possible case Get a test for your child if they develop symptoms Keep in regular contact with school Rest of household does not need to self-isolate, unless they are a 'close contact' too 	when your child has completed 14 days of self- isolation, even if they test negative during those 14 days
we have travelled abroad without our child and have to self- isolate as part of a quarantine period	Self-isolate for 14 days Keep in regular contact with school	when you return from travel, <u>as</u> long as you do not have any Covid symptoms. If you do have symptoms, then you must get a test and all the household must self- isolate for 14 days
we have travelled abroad with our child and have to self-isolate as part of a quarantine period	Self-isolate for 14 days Keep in regular contact with school	when the 14 day quarantine period has been completed.
we have received medical advice that my child must resume shielding	 Child should not attend school Keep in regular contact with school 	when restrictions have been lifted and shielding is paused again