

WIND YOUR WAY TO WEMBLEY FAMILY CHALLENGE 2021



@StockportSHAPES

THE COMPETITION

We would like to invite your family to take part in our 'Wind your way to Wembley' Family Challenge.

- We would like you to take part in physical activity as a family over the next few months and by recording the amount of family physical activity you do. You will race against other families to see who can travel around Europe.
- You will receive a poster of the map showing different stations all around Europe to record your progress.
- Every time you complete half an hour of physical activity <u>as a family</u>, you achieve 1 station on the map and can mark these off until you have travelled all across Europe.
- All families completing the race will receive an award and top 3 families will receive extra prizes of sporting equipment and prizes from Life Leisure.
- More details will be given on entry.



HOW TO ENTER

- Email Judith.riddings@stockport.gov.uk with the following information: <u>ages of the children in the family & schools they attend</u>
- Then we will email you the resources a copy of the map to stick up at your home and the recording sheet for you to record your physical activity events on, to prove your journey.
- As soon as you have completed your Wind your way to Wembley Family Challenge, send us record sheet of activities to claim your reward! Tweet/insta photos of your journey to show us your family fun!
- Your family physical activity must be done over a period of months, include a variety of activities and not just completed on an activity holiday.
- The deadline to finish is Wednesday 30th June

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