












# Spring Summer Menu – Week One



V15523

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	<b>Cheese &amp; Tomato Pizza, Herby Diced Potatoes</b> 	<b>Italian Chicken &amp; Mixed Rice</b> 	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b>	<b>Sausage Pasta Bake</b>	<b>Fish Fingers, Chips &amp; Tomato Ketchup</b>
VEGETARIAN OPTION	<b>Cheese or Tomato Pasta Pot</b>	<b>Butternut Squash &amp; Tomato Bake &amp; Mixed Rice</b> 	<b>Quorn Roast with Roast Potatoes &amp; Gravy</b>	<b>Veggie Chilli &amp; Mixed Rice</b> 	<b>Cheesy Pasta</b>
SANDWICHES & JACKETS	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham	<b>Freshly Baked Jacket Potato</b> with tuna mayonnaise, grated cheese or baked beans with/without cheese	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham	<b>Freshly Baked Jacket Potato</b> with tuna mayonnaise, grated cheese or baked beans with/without cheese	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham
VEGETABLES	<b>Carrot &amp; Cucumber Mixed Vegetables</b> 	<b>Garden Peas Carrots</b> 	<b>Cauliflower Seasonal Greens</b> 	<b>Green Beans Sweetcorn, Salad</b> 	<b>Baked Beans Peas</b> 
DESSERT	<b>Oat &amp; Raisin Cookie</b>	<b>Chocolate Sponge with Chocolate Sauce or Custard</b>	<b>Ice Cream &amp; Banana</b> 	<b>Vanilla Blondie &amp; Apple Wedges</b> 	<b>Strawberry Muffin/ Traybake</b>

**Available Daily:** Pick & Mix Selection Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 







Oily fish 

**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



# Spring Summer Menu – Week Two











WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	<b>Rainbow Pizza, Herby Diced Potatoes</b> 	<b>Chicken &amp; Sweetcorn Meatballs, Tomato Sauce &amp; Pasta</b>	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b>	<b>Chicken Tikka Curry &amp; Mixed Rice</b> 	<b>Battered Fish or Fish Fingers, Chips &amp; Tomato Ketchup</b>
VEGETARIAN OPTION	<b>Cheese or Tomato Pasta Pot</b>	<b>Veggie Burger &amp; Potato Wedges</b>	<b>Quorn Roast with Roast Potatoes &amp; Gravy</b>	<b>Sweet Potato &amp; Chickpea Tikka Curry &amp; Mixed Rice</b> 	<b>Margherita Macaroni</b> 
SANDWICHES & JACKETS	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham	<b>Freshly Baked Jacket Potato</b> with tuna mayonnaise, grated cheese or baked beans with/without cheese	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham	<b>Freshly Baked Jacket Potato</b> with tuna mayonnaise, grated cheese or baked beans with/without cheese	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham
VEGETABLES	<b>Sweetcorn, Peas Salad</b> 	<b>Green Beans Cauliflower</b> 	<b>Carrots Savoy Cabbage</b> 	<b>Mixed Vegetables Salad</b> 	<b>Baked Beans Peas</b> 
DESSERT	<b>Flapjack Finger</b>	<b>Chocolate &amp; Banana Muffin &amp; Apple Wedges</b> 	<b>Jelly &amp; Mandarins</b> 	<b>Fruity Jam Bun &amp; Custard</b>	<b>Chocolate Ice Cream</b>

**Available Daily:** Pick & Mix Selection Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	<b>Our desserts meet Public Health England's target for 'free sugar' intake for your child.</b>	Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.
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# Spring Summer Menu – Week Three



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	<b>Cheese &amp; Tomato Pizza &amp; Herby Diced Potatoes</b> 	<b>Pork Hot Dog &amp; Baked Potato Wedges</b>	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b>	<b>BBQ Chicken, Vegetable Burrito &amp; Mixed Rice</b> 	<b>Fish Fingers, Chips &amp; Tomato Ketchup</b>
VEGETARIAN OPTION	<b>Cheese or Tomato Pasta Pot</b>	<b>Veggie Mince Pasta Bake</b> 	<b>Quorn Roast with Roast Potatoes &amp; Gravy</b>	<b>Cheese &amp; Onion Quiche &amp; Diced Potatoes</b>	<b>Macaroni Cheese</b>
SANDWICHES & JACKETS	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham	<b>Freshly Baked Jacket Potato</b> with tuna mayonnaise, grated cheese or baked beans with/without cheese	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham	<b>Freshly Baked Jacket Potato</b> with tuna mayonnaise, grated cheese or baked beans with/without cheese	<b>Freshly Made Sandwich</b> With cheddar, tuna mayonnaise or ham
VEGETABLES	<b>Mixed Vegetables Salad</b> 	<b>Peas, Sweetcorn</b> 	<b>Spring Greens Cauliflower</b> 	<b>Green Beans Carrots</b> 	<b>Baked Beans Garden Peas</b> 
DESSERT	<b>Chocolate Shortbread Biscuit</b>	<b>Fruity Flapjack with Banana</b> 	<b>Oat Crunch Biscuit</b>	<b>Apple Sponge &amp; Custard</b> 	<b>Chocolate Cornflake Cake</b>

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	<b>Our desserts meet Public Health England's target for 'free sugar' intake for your child.</b>	<small>Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.</small>
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